We have all been trained in how to conduct a therapy termination session, but seldom do we consider how to deal with a client who suddenly drops out of treatment. This presentation will focus on ethical considerations when clients unexpectedly drop out of treatment. We will discuss our reactions and our potential responsibilities and limitations when we are “ghosted.”

Fee: NCPA Members - $15.00; Non-members - $30.00

Instructional Level: Intermediate
Educational Format: Lecture and Discussion

Learning Objectives:
By the end of the institute, participants will be able to:

1. list at least five factors associated with clients who unexpectedly drop out of therapy,
2. describe the ethical obligations that therapists may have when a client unexpectedly drops out of therapy, and
3. describe and explain ways of managing our own reactions when clients unexpectedly drop out of therapy.

Instructor:
Dr. Burnett completed doctorates in Clinical Psychology and in Public Health at the University of North Carolina at Chapel Hill (UNC). He also completed a Master’s degree in Pediatric Psychology at the University of Colorado at Denver. His pre-doctoral training was in Health Psychology at Duke University Medical Center, and his post-doctoral training was in Behavioral Medicine and Psychophysiology at UNC.

He was a Clinical Associate Professor of Medicine in the Division of Digestive Diseases at the UNC School of Medicine and also held adjunct appointments in the Departments of Psychiatry and Psychology. He was the Director of Psychological Services for the UNC Center for Functional Gastrointestinal Disorders and Motility. He is currently in private practice in Mebane, NC.

Continuing Education Information:
This workshop is sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. This workshop is offered for 1 hour of ETHICS Category A credit.

Attendance Requirement for CE Credit:
To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 5 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.