I’m Not Going and You Can’t Make Me! What’s a Therapist to Do?
With Cynthia Sortisio, PhD Licensed Psychologist, President of Counseling Services, Inc

An ever-increasing number of children and adolescents decline to follow their parents’ custodial plans. These situations generate tremendous conflict within families and among professionals. They are among the most complex cases in child custody. Well-intentioned therapists can easily add fuel to the fire. Skillful therapists can use these opportunities to develop and strengthen a variety of emotional and behavioral skills, in both adults and children. This presentation will focus on pitfalls and best practices when a child digs in.

Fee: NCPA Members - $15.00; Non-members - $30.00
Instructional Level: Intermediate
Educational Format: Lecture and discussion

Learning Objectives:
By the end of the institute, participants will be able to:

1. describe 5 dynamic factors that contribute to parent-child contact problems;
2. describe 5 therapeutic goals/tasks that relate to parent-child contact problems; and
3. identify 3 potential ethical pitfalls.

Instructor:
Cynthia Sortisio, Ph.D. enjoys working primarily with children and families, focusing on issues such as anxiety, ADHD, behavior problems, mood disorders, and adjustment disorders. She has special interests in developmental disabilities and issues related to parenting and divorce. Specific services include individual psychotherapy, reunification therapy, psycho-educational testing, parent and co-parent consultation, and forensic services. Dr. Sortisio is an experienced custody and parental competency evaluator. She also serves as a guardian ad litem and parenting coordinator.

Continuing Education Information:
This workshop is sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. This workshop is offered for 1 hour of Category A credit.

Attendance Requirement for CE Credit:
To receive CE credit, you must attend the entire workshop. No credit will be given to participants who are more than 5 minutes late at the beginning of the workshop. You must be present at the close of the workshop and sign-in and sign-out. You may not be excused early. Partial credit is not provided.