

NORTH CAROLINA

# Health Care Workers

**Do you or your family members need  
FREE emotional support from being  
on the COVID-19 front-lines?**

*NC Licensed Therapists  
are ready to listen!*

**NORTH CAROLINA HOTLINE**

**HOPE  4 HEALERS**

**(919) 226-2002**

**In partnership with the NC Department of Health and Human Services  
and the North Carolina Psychological Foundation**