UNC SCHOOL OF SOCIAL WORK & THE VIRGINIA SATIR GLOBAL NETWORK

Satir Summer Intensive Training

The UNC Satir and Virginia Satir Global Network (VSGN) present the 2023 Satir Summer Intensive Training in Chapel Hill, North Carolina. It will begin on Monday, July 10th at 8:30 am and conclude Saturday, July 15th at 5:30pm. On Wednesday, July 12th, there is an evening session from 7:00 – 8:30 pm. There will be a welcoming lunch on Monday.

TRAINING

The Summer Intensive Training is a unique opportunity to learn about the **Satir Growth Model** from a theoretical perspective as well as through hands-on, experiential activities in an intimate setting with internationally recognized Satir experts and trainers. The Satir Model teaches us that self-reflection and gaining clarity about our own thought processes are crucial elements in improving our communication skills and increasing positive outcomes in any situation that involves human systems or interactions – so training involves a good deal of personal work and individualized attention and feedback from the facilitators as well as practical tools for applying the model effectively in a professional capacity.

FACILITATORS

The Summer Intensive will be led by **Jean McLendon** and **Hugh Gratz**, both of whom trained directly with Virginia Satir and have spent over a decade co-facilitating Satir trainings around the world. Jean and Hugh are exceptionally gifted trainers who have years of experience applying the Satir Model as practitioners, consultants, and instructors. Their unique chemistry, genuine warmth, and ability to create a safe learning environment make the Summer Intensive a particularly enriching experience. Jean and Hugh will be assisted by experienced members of our UNC Satir Team, Carol Holcomb MSW, JD, Jamie Dickey Ungerleider, MSW/ LCSW, PhD. And Eileen Strider and Wayne Strider, organizational consultants

Jean McLendon, MSW, LCSW, LMFT, is the past president of The Virginia Satir Global Network and is currently the Director of Training Programs at Satir Systems, a professional therapy and coaching center in North Carolina. She trained with Virginia Satir for nearly 20 years and her work has been published in several journals and books. Jean has held faculty appointments at the University of North Carolina School of Social Work and the National Institute of Mental Health Staff College, and she served as the faculty specialist with the Whole Systems Design Graduate Program at Seattle University. Jean travels widely, applying the Satir Growth Model in a variety of contexts, situations, countries, and cultures as a trainer, therapist, and business consultant.

Hugh Gratz, MSW, has been a clinical social worker for over 40 years and has a wide range of practice experiences that include mental health and family services, hospice palliative care, private practice, and diversity training. He was a member of Virginia Satir's training staff for many years and is a strong proponent of the Satir Growth Model. Hugh has been awarded the Satir Organization's Living Treasure status, as well as being honored as Central New York's Social Worker of the Year and receiving the Distinguished Alumni Award from Moravian College in Bethlehem, PA. He has worked internationally with the First Nation populations in Canada and in Central America with groups affected by war, violence, and natural disasters. He is certified as a Field Traumatologist and has been deployed to Ground Zero in New York City as well as Sri Lanka, Honduras, and El Salvador.

Carol Holcomb, MSW, JD
UNC Satir Summer Intensive Support Staff

Carol is a newly trained Satir Life Coach. She brings to this practice fifteen years of social work experience and more than thirty years as a licensed attorney. Her education, training and experience as a Social Worker and a lawyer provide a solid foundation for my new career as a life coach. She believes the Satir Model as applied to coaching facilitates growth and the learning of new coping skills. Thus, she goal as a coach is to help each individual access their strengths and resources as they move toward resolution, a decision or a new possibility. Carol has an undergraduate degree in education from Jacksonville State University. She obtained her M.S.W. from the UNC School of Social Work in 1980 and her law degree from the UNC School of Law in 1988. She worked as a Social Worker in a county department of Social Services, as a Social Worker at Duke Hospital, as Special Projects Director for the North Carolina Counsel on the Status of Women, as Director of the UNC Campus Y and as a lawyer in private practice. She has learned from all her professional experiences, but mostly she has learned from trying to live a life of congruence in partnership and friendship with others.

Eileen Strider, BA
President, The Virginia Satir Global Network
UNC Satir Summer Intensive Support Staff

Eileen's experience is a combination of IT management and organizational systems change management consulting. Her career includes 27 years in IT executive management in the aerospace and insurance industries, 20 years of formal training and consulting in the Virginia Satir Model. She has consulted with higher education institutions for ten years to ensure the success of software implementations, rescuing projects in trouble and as Vice President of IT. She has consulted with biotech, software, retail, health care and non-profit organizations. she has extensive experience guiding people and organizations through technology, business process, and organizational changes. She is recognized for her ability to clarify and repair relationships in a way that builds both individual and system esteem. She is author of the paper A Different Kind of Family: Reconstruction: Lessons for Participants & the Guide. Eileen has served on the Board of The Virginia Satir Global Network as Treasurer and currently as President.

Wayne Strider, BS
UNC Satir Summer Intensive Support Staff

Wayne loves to help people get excited about who they are so they can become better problem solvers, better choice makers, and more capable of creating project environments where teams can be successful. In addition to over 30 years of IT professional experience, he has 21 years of education, training, and experience in the Satir Growth Model. Virginia Satir was a pioneer in family systems therapy. Virginia's special gifts were human systems change and communication. His training and experience with her Growth Model gives him deep change management skills needed to help people manage their expectations and perceptions in positive ways that move the project forward to success. Wayne's book, **Powerful Project Leadership**, published by Management Concepts, Inc., Vienna, VA is about everything he knows about projects framed in terms of what he learned from Virginia Satir about communication and change. Specialties: Work culture change programs, human systems change management, key relationships repair, ERP project readiness assessments, ERP project turnaround reviews, periodic project QA assessments, IT organizational assessments and effectiveness improvement programs, project retrospectives, post-implementation effectiveness reviews, executive coaching, project coaching.

Regina Taggart, MSW, LCSW
UNC Satir Summer Intensive Support Staff

Since graduating from the University of South Florida with a Master of Social Work in 1999, Regina has completed extensive training in the Satir Growth Model at the Year Long Practitioner Development Workshop in Chapel Hill. She's worked in a variety of settings with children and families including hospice and community mental health. Her cross-cultural work with teaching the Satir Growth Model has taken her to Hong Kong, China, Germany, Tajikistan and Azerbaijan.
Regina has worked in private practice for 17 years, focusing on children, adolescents and young

adults. She's certified in Equine Assisted Psychotherapy and has integrated the Satir Model into the arena with horses and clients. She's also written a self-esteem curriculum based upon the Satir Model, "I Actually Make My Own Experience." This is available to individuals, families and groups.

Jamie Dickey Ungerleider, MA, MSW/LCSW, PhD
UNC Satir Summer Intensive Support Staff

When first introduced to the work of Virginia Satir in the late 1980s, Jamie was immediately drawn to the model's emphasis on fostering a sense of belonging with one's self, with others in relationship and with the larger context in which we live. This connectedness from a place of deep authenticity was personally transformative for her and has greatly influenced the work she has done with clients throughout her career in academic medicine. Jamie has numerous degrees: a PhD in Educational Psychology (University of Mississippi (UM) in 2001), a MSW (Tulane University in 1991) and a MA in Counseling in 1977 (UM). She has spent 45 years as a counselor, teacher, coach and a consultant for individuals, couples and teams with a focus on relationship skills in a variety of personal and professional settings. She is an author of the book, Discovering Your Mindful Heart: An Explorer's Guide, which elaborates on many concepts learned from the Satir Model as well as from Interpersonal Neurobiology. Jamie enjoys speaking to healthcare groups and has numerous publications and book chapters on teamwork, personal/occupational wellness, leadership, relationship skills, conflict management and burnout. She has had academic appointments as an Associate Professor of Psychiatry and Director of Wellness for healthcare providers. She has served on the Satir Global board and is Co-Director of the Institute for Integrated Life Skills, LLC (https://www.integratedlifeskills.com)

FEEDBACK FROM PREVIOUS PARTICIPANTS

"Jean and Hugh were masterful at teaching content, modeling content, providing interaction with processes and people in a supportive, nurturing environment where risk-taking became the norm."

"The best out-of-pocket investment I've ever made."

"A mind-blowing once-in-a-lifetime experience that no one should miss."

"The UNC Summer Intensive Training gave me a safe environment and tools to recover my humanness."

"You will learn more than a theory or modality; you will experience Virginia Satir's spirit and how her ideas are transformative."

WHO IS INVITED TO ATTEND?

The Satir Summer Intensive is open to therapists, social workers, consultants, coaches, leaders and managers who are interested in learning to apply the Satir Model in their personal lives and in their work.

WHERE WILL THE TRAINING BE HELD

The training will be in person at the Hampton Inn & Suites, Chapel Hill-Carrboro Downtown, 370 East Main Street, Unit 100 Carrboro NC US 27510. See lodging information below.

COVID-19 SAFETY

For the health and safety of all participants as well as the trainers and support staff, we expect all participants to show proof of vaccination or show a negative PCR test result taken within 48 hours of start of training.

1. **Show proof of vaccination**. You may email a photo of your CDC vaccination card prior to start of the training to mailto:waynestrider@gmail.com or you will be asked to show your CDC vaccination card upon entry to the opening session of the training. Fully Vaccinated with Boosters is preferred.

2. **Show negative PCR test result**. If you are not vaccinated and boosted, please bring a report of a negative PCR test taken within 48 hours of start of the training on Monday, July 10th at 9:00am. You will be asked to show this report upon entry to the opening session of the training - as well as a negative self-test taken the morning of the first day of training.

Mask wearing is optional during the training.

Please bring self-tests with you.

If you develop symptoms, test immediately. If you test positive, you will be asked to isolate until testing negative for three consecutive days.

We recommend all participants:

- have an up-to-date booster
- take precautions during travel (wear masks and maintain distance from others when possible)
- self-test on third day of training

One final note

The Covid-19 situation is fluid and can change rapidly. The instructors may need to modify the Covid-19 policy at any time during the training.

APPLY

If you are interested in attending, please complete the Application and optional Scholarship request using this link Satir Summer Intensive Application and Scholarship Request 2023 and then click submit. The Scholarship portion of this form is optional.

The instructors will review all applications and notify you of your acceptance for the Intensive as well as your optional financial assistance request. Following acceptance of your application, you will receive an email notifying you of acceptance and a link to registration. At that time, you will need to complete the registration form and pay your fees. Space will be filled on a first come first serve registration basis for accepted applicants.

Space in the training is limited to 30 participants so we suggest you register as early as possible.

REGISTRATION FEES

The course fee includes tuition, electronic reader, materials, daily snacks and beverages, and a welcoming lunch and a certificate of attendance and completion.

- Early Bird Fee before April 25th is $1650 Registration Fee after April 25th is $1750
- Student Fee is $950

SCHOLARSHIPS

A limited number of partial scholarships will be available for students, recent MSW graduates, and individuals who are interested in need-based assistance. Scholarship amounts vary between $100 and $500. Scholarship funds are awarded on a first come, first serve basis so we encourage you to apply as soon as possible. To apply, please download and complete the **Satir Summer Intensive Application and Scholarship Request 2023** and click Submit.

LODGING

Out-of-town participants are responsible for their travel and accommodation expenses. We have partnered with the Hampton Inn & Suites Chapel Hill-Carrboro/Downtown where the training will be held. Special room rates for the training are guaranteed until April 25. Hotel offers free hot breakfast, free wi-fi, outdoor pool, pet friendly rooms. Parking is $15/night. Check with hotel about military, AARP and Hilton Honors for additional discounts.

You will receive an email with a link to access the reservation desk created for us shortly after you complete your registration. If you have questions in the meantime, please feel free to email jean.mclendon@unc.edu or eileenstrider@gmail.com

CONTINUING EDUCATION

40 hours of continuing education will be awarded for the course.

Contact Hours ASWB – UNC SSW, #1406, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. UNC-SSW maintains responsibility for this course. ACE provider approval period: 8/10/2022 to 8/10/2025. Social workers completing this course receive 2-12 continuing education credits.

Contact Hours NBCC (provider #6642) - The UNC School of Social Work is an NBCC-Approved Continuing Education Provider (ACEPTM) and offers NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Category A - The UNC School of Social Work is approved by the American Psychological Association to sponsor continuing education for psychologists. The UNC School of Social Work maintains responsibility for this program and its content.

For further Continuing Education Information, click https://sswevents.unc.edu/ce-information